

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee: Pregnancy Options Lifecare Center**

**Goal: To provide necessary services and referrals to pregnant and parenting women in southern Minnesota**

**For the period: January, February, March 2015**

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Hire and train volunteers; coordinate donations of baby store incentives; assess staff conduct all administrative duties			
<b>Outreach</b>	Promote incentive education program to English, Spanish, Somali speaking clients; increasing capacity			
<b>Case Management Services</b>	Follow-up with incentive education program clients to assess progress and facilitate access to resources	100	We have implement a system to check clients at least one a month for progress and necessary services needs	150
<b>Crib Distribution/ Sleep Safety Education</b>	Award cribs through Cradle of Hope crib distribution program; provide sleep safety education through incentive education program	5	We continue to work with clients to education them on Safe Sleep practices and award them with PNP cribs from Cradle of Hope	7
<b>Financial Assistance</b>	Provide assistance with completing Financial assistance forms; provide Scholarships for Mom educational programs; provide prepaid cards for assistance in emergency situations	5	We have provided assistance with financial forms, which includes insurance, WIC, rental applications. We continue to support clients with prepaid cards as we are financially able	7

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<b>Interpreter Services</b>	Provide interpreters for Spanish-speaking and Somali-speaking clients	35	We recently hired a part-time Spanish Clients Advocate. We only use interpreters with our Somali population at this time. <b>See Challenges</b>	27
<b>Life-Skills Education Program</b>	Provide educational programs that have components specifically about building life skills	37	We continue to provide programs that build life skills such as budgeting, grocery shopping, baby cares, apartment and job hunting.	81
<b>Material Support</b>	Provide baby clothing, diapers, layettes, baby equipment to pregnant and parenting women not included in incentive program.	100	With each client we assess their material needs and provide items that are not included in the EWYL Incentive program as we are able. <b>See Challenges</b>	50
<b>Mental Health</b>	Refer clients for mental health assessment; refer to or assist clients with entering treatment programs	5	As clients need we refer them to Fernbrook and other treatment centers in the area. We are implementing the Edinburgh Postnatal Evaluation for depression.	5
<b>Nutrition</b>	Provide prenatal vitamins, folic acid, nutrition education programs, referrals to food shelves	20	We continue to provide services for clients through referrals, free prenatal vitamins, nutrition educational programs	20
<b>Parenting Education</b>	Assist clients in accessing needed services; enroll clients in parenting education incentive program and assess needs through Life Coaching; meet with clients to complete assignments and provide Life Coaching	120	We have seen an increase in our clients and their desire to continue with their classes either as a parenting class or Life Coaching sessions or both.	195

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<b>Pregnancy Education</b>	Assist clients in accessing needed services; enroll clients in pregnancy education incentive program and assess individual needs; meet individually with clients to complete assignments	35	We have purchased new curriculum that helps the clients understand all their options with the birthing process. We are doing a birth plan with clients to help prepare them for labor and delivery	48
<b>Pregnancy Testing</b>	Provide program eligibility assessment, pregnancy counseling and testing	10	We continue to provide pregnancy counseling and life coaching around the concerns of pregnancy. <b>See Challenges</b>	7
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	10	As clients need we assist them in finding necessary services in the local area. <b>See Challenges</b>	7
<b>Transportation</b>	Provide transportation vouchers to clients attending educational programs	3	We have not met our work plan count.	4

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	5
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	11
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	2

**Challenges:** There were some challenges in the area of Interpreter Services, Material support, Pregnancy tests and providing Necessary Services Assessment Only support. We have hired a Spanish speaking Client Advocate so we don't rely on interpreters as much. In the area of Material support we aren't giving away as many items as we use to due to the fact that we have increase the credits they earn for each class. In the winter months we have seen a shortage Pregnancy Tests needs and Necessary services.

**Comments:** We have also had several changes in staff from Executive Director and new Client Advocates. We have been busy training and trying to increase our services to the community.